

NYSBRA Grant Application – 2011 XYZ Skills Clinic

Submitted to NYSBRA by Joe Racer, Bicycle Racing Club President

- Purpose: Promote a one-day Road Cycling Clinic in City, NY on May XX, 2011. The target participants are beginner and recreational cyclists with little or no racing experience.
- Local/Statewide Benefit: There is a need at the local level to encourage ... knowledge, confidence, and experience in road cycling skills. Clinics are a great way for newcomers who may be intimidated by the skills required for competitive cycling. The proposed clinic will be open to ... that are interested in learning to race.
- How the grant supports the NYSBRA Mission: The goal of the proposed clinic is increase participation of this traditionally underrepresented group.
- Amount Requested: \$500
- How the money will be spent / budget:
 - Clinic coaches \$350 (Stipends)
 - Porta-Johns \$150
 - The clinic will rely on the support of XYZ for any additional expenses or services.
- Previous experience with event: This is the XXX year for this event. The 2010 clinic was attended by over 30 participants, many of which have since attended USAC events.
- Other Information: The clinic will include (among other topics): basic group riding skills, pedaling efficiently, group ride etiquette, pace lines (beginning and advanced), gear selection, bike fit/position, race strategy, cornering, attacking/counter attacking, bridging, sprinting, time trial starts/efforts, bike maintenance, etc.
- Additional Contact Information:

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